



Information for Participants

HLTFA201A Provide Basic Emergency Life Support

Course Outcome: This unit describes the skills and knowledge required to recognise and respond to life threatening emergencies using basic life support measures only. This unit stands alone and incorporates the content of HLT CPR201A Perform CPR.

Entry Requirements: Nil However it is recommended that participants have literacy competencies equivalent to Level 2 as described in the Certificates of General Education for Adults (2112AFL, 2212AKC, 2212ALC)

Enrolment Procedure: Please complete the enrolment form and hand it to the trainer at the commencement of the course or by using the Online Enrolment form.

Nominal Duration: 6 hours

Qualification

- It is important that you attend each session of this course so that you are eligible to receive a **Statement of Attainment**.
- Your Nationally Recognised qualification has been accredited by the *Victorian Registration and Qualifications Authority* and entered on the *National Training Information Service*.
- Your qualification will be valid for 3 years and the Australian Resuscitation Council recommends that you attend a resuscitation update every 12 months. If you are unable to attend any sessions, please contact your instructor.
- When attending a class, please bring – This workbook; Your First Aid manual; Writing paper/pens or pencils.

Competencies to be achieved during the training

At the successful completion of this course you will be able to:

1. Assess an emergency situation
2. Maintain the airway, breathing and circulation of an unconscious casualty (including CPR)
3. Administer First Aid for Minor Wounds & Apply Infection Control Procedures
4. Manage a casualty with external bleeding
5. Explain the legal and ethical responsibilities of a first aider
6. Determine first aid facilities and training requirements

Assessment Procedure

Assessment will be conducted during and at the end of the course to demonstrate to your instructor that you have the required knowledge and skills of the procedures necessary to manage a life-threatening situation prior to the arrival of medical aid.

This process will consist of – **Theory Assessment** completed either on line or workbook assessment requiring satisfactory completion of all questions. Students with identified Language, Literacy and Numeracy deficits will be offered an oral assessment if required.

Skills Competencies - demonstrate competency in all skills as detailed above conducted in off the job environment simulating work conditions whenever possible.

Students must demonstrate competency in all sections to qualify for a Statement of Attainment.

Element of Competence	Course Content
Primary First Aid Management	
1. Demonstrate the approach to an Incident and Management of an Unconscious Casualty	<ul style="list-style-type: none"> - The procedure to assess the situation to ensure the safety of the patient, bystanders & First Aider - DRABCD Action Plan - The initial first aid management of the collapsed or unconscious patient
2. Demonstrate the maintenance of Airway & Breathing of a patient	<ul style="list-style-type: none"> - Airway and breathing management on a class participant and/or resuscitation manikin - Cardio-Pulmonary Resuscitation (C.P.R. - 1 & 2 operator) on a resuscitation manikin
3. Management of Minor Wounds & Infection Control	<ul style="list-style-type: none"> - First aid management for minor wounds - Infection control procedures required to protect the patient and the first aider
4. Management of Major External Bleeding	<ul style="list-style-type: none"> - Different types of bleeding - Body's reaction to bleeding - Control of external bleeding, embedded foreign objects & amputations
5. Summoning Emergency Help	<ul style="list-style-type: none"> - Procedures to summon assistance from emergency services, including the Ambulance Service.
6. Determine First Aid Facilities and training requirements / Legalities / First Aid Kits	<ul style="list-style-type: none"> - Identify contents of First Aid Boxes in the Workplace. - Relevant state government First Aid requirements - The concept of a first aider's duty of care and negligence - Contents for a workplace first aid kit as per appropriate legislative - Contents for a workplace first aid room where appropriately required including need for an AED - Requirements for training a workplace first aider

Facilities & Equipment:- Each participant will be provided with all of the intellectual materials required to study all modules. Each program will also be supported with adequate Teaching Aids to assist with the theory and practical training modules such as CPR manikins, Bandages, Visual Aids, Handouts etc as appropriate.